

NO MORE

EMOTIONAL ABUSE

- Name calling, insults, continual criticism
- Extreme jealousy or possessiveness
- Isolation from family or friends
- Monitoring where partner goes & who partner spends time with
- Withholding affection as punishment
- Threats to hurt partner, children, family or pets
- Humiliation of partner in any way
- Expectation of partner to ask permission

RESOURCES:

The National Domestic Violence Hotline | www.thehotline.org

The National Sexual Assault Hotline | www.rainn.org

The National Dating Abuse Helpline | www.loveisrespect.org